

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>January 2025</h1> <h2>Resident of Month Dalia. C</h2>			New Year's Day 1 New Year's Celebration w/Terrence Feeley (DR) 10:00 am -11:00am Resolution Writing (DR) 2:15 pm -3:15 pm Holiday Movie (MR) 6:00pm -7:15pm New Year's Day	2 Chair Zumba (MR) 09:30am -10:15am Morning Social (MR) 10:30 am -11:00am Budgeting 1on 1 (MR) 11:15am -11:40 am Therapeutic Art (MR) 2:15pm -3:15 pm	3 Current Events (MR) 09:30am -10:15am Coffee &News (MR) 10:30 am -11:00am Bingo (MR) 11:15am -11:40 am Fitness w/Stuart(MR) 2:00pm -3:00 pm	4 Morning Stretch (MR) 09:30am -10:15am Poetry Club (MR) 10:30 am -11:00am Trivia (MR) 11:15am -11:40 am Bingo (MR) 2:15pm -3:15 pm
			5 Daily Chronicles (MR) 10:00am -11:00am Religious Service(MR) 1:15pm-3:00pm Resident Choice (MR) 3:15pm-4:00pm Golden Awards (MR) 6:00pm - 9:00pm	6 Sit & Fit (MR) 09:30am -10:15am Healthy Talks (MR) 10:30 am -11:30am Men's Group (MR) 2:15pm -3:15 pm Evening Movie (MR) 6:00pm -7:15pm	7 Chair exercise (MR) 09:30am -10:15am Coffee Social (MR) 10:30 am -11:00am Travelogue (MR) 11:15am -11:40 am Bingo (MR) 2:15pm -3:15 pm	8 Chair Zumba (MR) 09:30am -10:15am Target Shopping Trip 10:30am -12:00pm Women's Group (MR) 2:15pm -3:15 pm T.V Sitcom (MR) 6:00pm -7:15pm
12 Group Discussion (MR) 10:00am -11:00am Religious Service(MR) 1:15pm-3:00pm Resident Choice (MR) 3:15pm-4:00pm	13 Health & Wellness (MR) 09:30am -10:15am Morning News (MR) 10:30 am -11:30 am Big Word Game (MR) 2:15pm -3:15 pm Travelogue (MR) 6:00pm -7:15pm	14 Morning Fitness (MR) 09:30am -10:15am Coffee & News (MR) 10:30 am -11:00am Jewelry Making (MR) 11:15am -11:40 am Bingo (MR) 2:15pm -3:15pm	15 Chair Exercise (MR) 09:30am -10:15am Flaming Grill Buffet Trip 11:30am -1:00pm Drama Club (MR) 2:15pm -3:15 pm Evening Movie (MR) 6:00pm -7:15pm	16 Morning Stretch (MR) 09:30am -10:15am Group Discussion (MR) 10:30am -11:30 am Food Committee/ Resident Council Meeting (DR) 1:40pm - 3:00pm	17 Chair Zumba(MR) 09:30am -10:15am Coffee &News(MR) 10:30 am -11:00am Bingo (MR) 11:15am -11:40 am Price is Rite (MR) 2:15pm -3:15 pm	18 Sit & Fit (MR) 09:30am -10:15am Funny Jokes (MR) 10:30 am -11:00am Pep Talks (MR) 11:15am -11:40 am Bingo (MR) 2:15pm -3:15 pm
19 Daily Chronicles (MR) 10:00am -11:00am Religious Service (MR) 1:15pm-3:00pm Resident Choice (MR) 3:15pm-4:00pm Activity Professionals Week	M.L.K Jr Day 20 Morning Exercise (MR) 09:30am -10:15am Coffee &News (MR) 10:30 am -11:30am Men's Group (MR) 2:15pm -3:15 pm Evening Movie (MR) 6:00pm -7:30pm Martin Luther King Jr. Day	21 Chair Yoga (MR) 09:30am -10:15am Current Events (MR) 10:30 am -11:00am Trivia (MR) 11:15am -11:40 am Bingo (MR) 2:15pm -3:15 pm	22 Morning Fitness (MR) 09:30am -10:15am Coffee Social (MR) 10:30 am -11:00am Pep Talks (MR) 11:15am -11:40 am Women's Group (MR) 2:15pm -3:15 pm	23 Morning Stretch (MR) 09:30am -10:15am Wintery Crafts (MR) 10:30am -11:30 am Comedy Movie (MR) 2:00 pm- 3:30pm Travelogue (MR) 6:00pm -7:15pm	24 Sit & Fit (MR) 09:30am -10:15am Daily Chronicles (MR) 10:30 am -11:00am Wellness (MR) 11:15am -11:40 am Bingo (MR) 2:15pm -3:15 pm	25 Chair Zumba (MR) 09:30am -10:15am Reminisce Program (MR) 10:30 am -11:00am Table Games (MR) 11:15am -11:40 am Documentary (MR) 2:15pm -3:15 pm
26 Daily Chronicles (MR) 10:00am -11:00am Religious Service(MR) 1:15pm-3:00pm Resident Choice (MR) 3:15pm-4:00pm Australia Day (Observed)	27 Chair Zumba (MR) 09:30am -10:15am Law & Order/ Football w/Aytan (MR) 10:30 am -11:30am Hangman (MR) 2:15pm -3:15 pm Documentary (MR) 6:00pm -7:15pm	28 Morning Meditation (MR) 09:30am -10:15am Morning News (MR) 10:30 am -11:00am Riddles & Laughter (MR) 11:15 am -11:40am Bingo (MR) 2:15pm -3:15 pm	Chinese New Year 29 Morning Fitness (MR) 09:30am -10:15am Reminisce Program (MR) 11:15am -11:40 am Baking Group (MR) 2:15pm -3:15 pm Hallmark Movie (MR) 6:00pm -7:15pm Chinese New Year (Year of the Snake)	30 Sit & Fit (MR) 09:30am -10:15am Current Events (MR) 10:30 am -11:30am Sip & Paint (MR) 2:15pm -3:15 pm T.V Series (MR) 6:00pm -7:15pm	31 Birthday Party Morning Stretch (MR) 09:30am -10:15am Daily Chronicles (MR) 10:30 am -11:00am Bingo (MR) 11:15am -11:40 am Birthday Party w/ DJ Mike (DR) 2:00pm -3:00 pm	All activities will be held by Activity Assistant Director Sandra Yeboah or Activity Director Latoya Bostick: Movie Room (MR) Lobby (L) Dining Room (DR)

Country Kitchen is served daily: All activities are subject to change: All new developments will be announced and posted.